

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Dearborn Public Schools

Month and year of current assessment: June 2025

Date of last Local Wellness Policy revision: _____

Website address for the wellness policy and/or information on how the public can access a copy:

Section 2: Wellness Committee Information

How often does your school wellness committee meet? 2 times a year

School Wellness Leader:

Name	Job Title	Email Address
Emiona Krete	Food Service Director	krestee@dearbornschools.org

School Wellness Committee Members:

Name	Job Title	Email Address
Chris Kenninburg		
Charles Silver		
Stacey Meloche		
Amy Kandes		
Eman Ahmed		
Kelly Grodzicki		
Tom Wall		
Cortney Burrows		
Lemesse Souswa		

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- ☐ Michigan State Board of Education Model Local School Wellness Policy
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

- A **wellness committee / policy leadership** structure: the district convenes a representative wellness committee (parents, students, food service, PE/health teachers, school health staff, administrators, etc.) to develop, implement, review, and revise the wellness policy.
- Designated official(s) at district and school level to have authority and responsibility to ensure compliance.
- Use of **SMART goals** (Specific, Measurable, Achievable, Realistic, Time-based) for wellness objectives.
- Nutrition education integrated into classrooms and dining areas; promotion of healthy eating across the school campus.
- Standards for all foods and beverages sold or served on campus during school hours (not just in meals), including competitive foods, fundraising, rewards, celebrations, etc.
- Marketing and advertising allowed only if foods and beverages meet nutrition standards.
- Public involvement and transparency: informing students, staff, families, and community; giving stakeholders opportunity to participate.
- A **triennial (every 3 years) assessment** of compliance, progress toward goals, and how the local policy compares with model policies

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education

Local Wellness Policy Assessment Plan

School Name: Dearborn Public Schools

Date: June 2025

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Beginning of next school year 2025-2026	– Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year.	Principal	Teachers, staff, students	

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Planned instruction in physical education shall teach cooperation, fair play and responsible participation. Students shall be taught the cognitive awareness of the importance of physical education and the benefits of such activity.	P.E teacher should handle this on basis, possibly the first 5-8 minutes of class start. Emphasize the importance of exercise and activity to the health and body.	Beginning of next school year 2025-2026	Survey – student	Principals and PE teachers	Curriculum and Instructions	

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The school shall provide attractive, clean environments in which the students eat.	A cleaning regimen involving both custodial and F&N staff will be implemented to ensure clean and sanitary conditions for all foodservice areas will be documented and implemented.	Beginning of next school year 2025-2026	Daily rounds and routine checks	Support Service-custodians and food service staff	Support staff leadership staff	

	Attractive service ware and marketing materials will be implemented in the cafe areas.					

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Each School will utilize promotions or special events that highlight healthy food choices. These can be highlighted through tastings and educational marketing materials in the cafes.	Monthly school menu offerings that promote seasonal produce, power foods and other nutritionally beneficial foods will be implemented. Roving chefs - elementary and taste testing - middle and high schools. Non-nutritional foods would not be used in Roving chefs.	Beginning of next school year 2025-2026	Routine school visits	Food Service Director and SFE staff	Food Service staff	

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Each School will incorporate and highlight Farm to Produce and local products.	Each building kitchen manager will select local produce whenever it is available in the course of purchasing during the school year.	Beginning of next school year 2025-2026	Monthly reports	Food Service Director and SFE staff	Food Service Staff	

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Any Food and Beverage marketed or promoted to students on school campus during school day will meet or exceed the USDA Smart Snacks in School nutrition standards.	The dept. of F&N will provide school stores, vending machines suppliers, and supervisors of vending machines in schools with the USDA Smart Snacks in School Nutrition Standards.	Beginning of next school year 2025-2026	Menu items and purchases will be smart snack compliance only	Principal and	Food Service leadership, principals and assigned leaders in schools	