Life Advisor Employee Assistance Program
Ulliance Life Advisor Consultants are available 24/7

Your Life Advisor Consultant can:

- Explore your unique work-life balance needs and identify the right Life Advisor services to support you and your family

- Schedule an appointment for you to see a local Ulliance EAP Counselor – Close to where you live or work at no charge to you or your covered dependents

- Provide you with immediate telephonic support for pressing issues

- Assist you by researching information you need for Work-Life balance

Life Advisor EAP Counseling Services

- Confidential, face-to-face or phone sessions with a licensed counselor close to work or home, at no cost to you

- Short term, solution-focused support for work-life issues such as stress, major life transitions, relationship issues, substance use, grief/loss and overwhelming emotions

Life Advisor Coaching Services

- Telephonic sessions with a counselor

- Support and motivation to achieve a work-life goal such as education, career advancement, financial or savings goals, or self-improvement goals

Employee Webinars – Live / On-Demand (on the Portal)
Improving the lives of the people we serve—everyday.

The Life Advisor Monthly Newsletter

- An electronic monthly publication with information and resources on a variety of work-life concerns, such as relationships, substance abuse and goal setting

Work-Life Materials

- Books and other helpful materials on a wide variety of work-life topics mailed directly to your home at no cost to you

Life Advisor Well-Being Portal

- Anytime access to articles, resources, healthy-living tips, as well as our orientation videos
- Log-in at: www.LifeAdvisorEAP.com

Click for 7 min. orientation  
Click for 2 min. explainer video

Welcome to your Life Advisor Employee Assistance Program


Ulliance provides no cost, confidential, short term counseling for you & your family.

Contact us at 800.448.8326