

BRIDGING THE GAP & ENDING THE STIGMA

MENTAL HEALTH AWARENESS CAMPAIGN

QUESTION, PERSUADE, REFER (QPR)

**MENTAL HEALTH
SUBSTANCE ABUSE
DRUG ADDICTION
SUICIDE
PREVENTION**

**SUICIDE
PREVENTION
TRAINING FOR
EDUCATORS,
SCHOOL STAFF, & PARENTS**



TAKE A TRAINING. SAVE A LIFE.

QUESTION, PERSUADE, REFER (QPR) TEACHES THREE SIMPLE STEPS THAT ANYONE CAN LEARN TO HELP SAVE A LIFE FROM SUICIDE.

QPR WILL TEACH INDIVIDUALS TO RECOGNIZE THE WARNING SIGNS, CLUES AND SUICIDAL COMMUNICATIONS OF PEOPLE IN TROUBLE AND TO ACT VIGOROUSLY TO PREVENT A TRAGEDY. THE GOAL OF QPR TRAINING IS TO HELP PREVENT DEATHS BY SUICIDE IN WAYNE COUNTY, AND REDUCE THE STIGMA ASSOCIATED WITH MENTAL ILLNESS.

DID YOU KNOW?

90% OF PEOPLE IN A SUICIDAL CRISIS WILL GIVE SOME KIND OF WARNING OF THEIR INTENTION TO THOSE AROUND THEM.

45% OF INDIVIDUALS WHO DIE BY SUICIDE VISIT THEIR PRIMARY CARE PHYSICIAN WITHIN ONE MONTH OF THEIR DEATH. 20% VISIT WITHIN 24-HOURS.

THIS "LAST MEDICAL CONTACT" BEFORE SUICIDE IS EVEN HIGHER AMONG THE ELDERLY. ALMOST 50% OF ELDERLY SUICIDE VICTIMS VISITED THEIR DOCTOR WITHIN THE WEEK BEFORE THEIR DEATH.

**APRIL 12TH, 2017 - 1ST SESSION : 9:15 AM
2ND SESSION: 6:00 PM**

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