

December Family Activity Calendar

Habit 2 Begin with the End in Mind

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Total number of completed activities: _____				1 Make/help make lunch for school	2 Read for homework without being told	3 clean out the garage!
4 Help your parent or grandparent with a task	5 Practice math facts without being told	6 Do extra homework since you don't have school	7 Get dressed for school without being told	8 Help someone at school	9 Pack your backpack for school without being told	10 Make a picture/card or letter for someone else
11 Open the door for a stranger	12 Help your teacher	13 Give a compliment to someone	14 Try something new to eat	15 Do homework without being told	16 Help make dinner	17 Clean your room by yourself
18 Put or help put the dishes away.	19 Give someone a compliment	20 Bring in a canned food item to donate to Local Food Bank	21 Write a note to a family member telling them why you are thankful for them	22 Help wrap gifts	23 Help someone in need	24 Clean your room without being told
25 Help a family member	26 Practice your math facts without being told	27 Read an extra 20 minutes without being told	28 Write down all the things you are excited about for the new year!	29 Brush your teeth without being told	30. Make your bed without being told	31

January Family Activity Calendar

Habit 3 Put First things First

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Make someone laugh!	2 Make snowflakes from coffee filters *	3 Do extra homework since you don't have school	4 Clean snow off the car	5 Make/help make lunch for school	6 Read for homework without being told	7 Shovel your sidewalk
8 Shovel your neighbor's snow	9 Practice math facts without being told	10 Hang up your jacket	11 Get dressed for school without being told	12 Help someone at school	13 Pack your backpack for school without being told	14 Make a picture/card or letter for someone else
15 Open the door for a stranger	16 Help your teacher	17 Give a compliment to someone	18 Try something new to eat	19 Do homework without being told	20 Help make dinner	21 Clean your room by yourself
22 Put or help put the dishes away.	23 Give someone a compliment	24 Bring in a canned food item to donate to Local Food Bank	25 Share a favorite memory with your parent	26 Set the table for dinner	27 Help someone in need	28 Clean your room without being told
29 Help a friend	30 Share a hot cocoa with someone	31 Read an extra 20 minutes without being told			Total number of completed activities: _____	

February Family Activity Calendar

Habit 4 Think Win Win

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Total number of completed activities: _____			1 Write a note for why you love February!	2 Make/help make lunch for school	3 Read for homework without being told	4 Shovel snow!
5 Shovel your neighbor's snow	6 Practice math facts without being told	7 Take out the trash	8 Get dressed for school without being told	9 Help someone at school	10 Make Valentines for shut-in's	11 Make a picture/card or letter for someone else
12 Open the door for a stranger	13 Reflect on a win-win situation that happened during the day:	14 Make a Valentine for a Random Person - maybe someone at the Tim Horton's Drive-Through!	15 Give a compliment to someone	16 Do homework without being told	17 Help make dinner	18 Clean your room by yourself
19 Put or help put the dishes away	20 Give someone a compliment	21 Clean the kitchen table after dinner	22 Write a note to a family member telling them why you are thankful for them	23 Bring in a canned food item to donate to Local Food Bank	24 Help someone in need	25 Clean your room without being told
26 Help a friend	27 Practice your math facts without being told	28 Read an extra 20 minutes without being told				

March Family Activity Calendar
Habit 5 Seek First to Understand

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Total number of completed boxes <hr/>			1 Read a story to a sibling/parent	2 Set the dinner table	3 Play a game with a sibling	4 Make a poem about the month of March
5 Choose a book and read extra for March is Reading Month!	6 Practice math facts without being told	7 Make a card for someone living alone	8 Call a grandparent or aunt/uncle and say hello!	9 Help someone at school	10 Pack your backpack for school without being told	11 Make a picture/card or letter for someone else
12 Open the door for a stranger	13 Help your teacher	14 Eat a piece of fruit instead of candy!	15 Try something new to eat	16 Do homework without being told	17 Help make dinner	18 Clean your room by yourself
19 Put or help put the dishes away.	20 Give someone a compliment	21 Bring in a canned food item to donate to Local Food Bank	22 Recycle something!	23 Clear the table for dinner	24 Help someone in need	25 Clean your room without being told
26 Help a friend	27 Practice your math facts without being told	28 Read an extra 20 minutes without being told	29 Play with a sibling so your parent can complete a task	30 Make your bed without being told	31	

April Family Activity Calendar

Habit 6 Synergize

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Total number of completed activities: _____						1 Clean up your yard for Spring!
2 Look at the moon with your family before bedtime.	3 Practice math facts without being told	4 Plant flower seeds	5 Get dressed for school without being told	6 Help someone at school	7 Pack your backpack for school without being told	8 Make a picture/card or letter for someone else
9 Open the door for a stranger	10 Help your teacher	11 Give a compliment to someone	12 Try something new to eat	13 Do homework without being told	14 Help make dinner	15 Clean your room by yourself
16 Put or help put the dishes away.	17 Give someone a compliment	18 Bring in a canned food item to donate to Local Food Bank	19 Make a card for someone living alone	20 Clear the table for dinner	21 Help someone in need	22 Clean your room without being told
23 Help a friend	24 Bring the trash cans into the garage	25 Read an extra 20 minutes without being told	26 Write down all the things you are excited about for the upcoming summer!	27 Brush your teeth without being told	28 Make your bed without being told	29
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May Family Activity Calendar

Habit 7 Sharpen the Saw

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	1 Play a video game!	2 Relax!	3 Play with your sibling so mom and dad can relax!	4 Make/help make lunch for school	5 Watch a movie	6 Eat a special treat!
7 Share a favorite book with a family member	8 Practice math facts without being told	9 Call a family member and say hello.	10 Send someone a virtual hug!	11 Help someone at school	12 Eat dinner as a family.	13 Make a picture/card or letter for someone else
14 Make someone laugh!	15 Help your teacher	16 Give a compliment to someone	17 Play outside!	18 Stretch!!	19 Help make dinner	20 Have a dance party!
21 Get ice cream!	22 Give someone a compliment	23 Smile at someone!	24 Watch 30 minutes of your favorite TV show	25 Clean the table for dinner	26 Help someone in need	27 Color!!
28 Write a nice note to a family member	29 Exercise your mind - practice your math facts!!	30 Read an extra 20 minutes without being told	31 Make a summer countdown!	Total number of completed boxes <hr/>		