

## You're INVITED to the 1<sup>st</sup> Annual DSEHP Health Fair Location: DFT Building 15250 Mercantile Dr. Wednesday, October 7, 2015 from 2:00 to 7:00 p.m.

The DSEHP Wellness Committee working along side our insurance carriers are pleased to have the following booths available for you.

- Booth 1 Who and What is the DSEHP? Dearborn Schools Employee Healthcare Program
- Booth 2 Get your annual Adult Flu Shot
- Booth 3 Rethink Your Drink
- Booth 4 Blood Pressure and BMI
- Booth 5 Healthy Cooking Demonstration
- Booth 6 Biomechanical assessment
- Booth 7 Enter the DSEHP Step Challenge
- Booth 8 Register and learn how to use the HAP portal to access great information.

Join us in supporting you in your "Wellness" objectives. If you go to 5 of the 8 booths you will be entered into a drawing for 2-\$100 and 5-\$50 Visa gift cards.

Hold the date.... More information to follow

