

# GET READY FOR THE BEACH BY JOINING THE DEARBORN SCHOOLS EMPLOYEE HEALTHCARE PROGRAM (DSEHP)

## FOR A NEW “BIGGEST LOSER” CONTEST

This 9-week contest is open to all Dearborn Public School employees and their adult family members who want to begin a healthier lifestyle or get ready for beach weather. Participants with the highest percentage of weight loss between Week 1 and Week 9 are eligible for:

First Place: \$200 Gift Card  
Second Place: \$100 Gift Card  
Third Place: \$50 Gift Card

All participants are eligible for a weekly prize drawing

*See official rules for all details.*

### Challenge Kick-Off:

Thursday, January 14, 2016

### Final Weigh-In:

Wednesday, March 16, 2016

**Cost: \$5 entry fee and \$1 weigh-in fee.**

**All fees collected will be donated to First Book,  
a community outreach program changing children’s lives, one book at a time.**

**Sign-up at the Gallagher Office  
15250 Mercantile Dr. (DFT Building)  
Office Hours: Mon—Fri 8:00-4:30  
Closed for lunch 12—1**