

Behavior Skills

Each week students will be taught positive behaviors that will support our **PBIS** (Positive Behavior Intervention Support) program. The habits that we will be teaching students will come from Frank Covey's "7 Habits of a Highly Effective Teen." After teaching the new 'Habit,' students will have an assignment to help them reflect on what they have learned. Parents are encouraged to go over these skills with their children at home. By clicking on the link below each habit, you can view the lesson and the activities that will be assigned to the students to take part in and to reflect on what they have learned. Some great YouTube clips have been added to show and support the behaviors and skills being taught.

Habit #1 - Being Proactive

[Proactive](#)

Habit #2 - Begin with the End in Mind

[Begin-With-The-End-In-Mind](#)

Habit #3 - Put Things First

[Put-Things-First](#)

Habit #4 - Win Win

[Think-Win-Win](#)

Habit #5 - Seek first to Understand then to be Understood

[Seek-First-to-Understand-then-to-be-Understood](#)

Habit #6 - Synergize

[Synergize](#)

Habit #7 - sharpen the Saw

[Sharpen-the-Saw](#)

Here is a link to the "Carry your own weather" video on YouTube. If it isn't an active link, once on YouTube search using "carry your own weather".

<http://www.youtube.com/watch?v=oAsYQNfk8Uk>