

Physical Education Class
Mr. Theisen

Dear Parent/Guardian:

On January 28th, your child will be starting the physical education health unit. The classes at this time will be divided into an all boy class that will meet one day and an all girl class that will meet on the other day.

The 6th grade unit will cover: nutrition and physical activity, effects of drugs social/emotional health , and personal health/wellness.

The 7th grade unit will cover: nutrition and physical activity, drugs/alcohol, social and emotional health, personal health/wellness, and HIV/STI prevention.

The 8th grade unit will cover: CPR, First Aid, promoting healthy eating and hygiene, STI's and HIV/AIDS.

During the process of designing these materials, a parent advisory group was formed to voice their concerns about the material and to suggest changes along the way. Students need to understand many of the topics covered in health. It is important that they take this class seriously.

According to Michigan law, you have the right to review the materials being presented and may choose to excuse your child from participation in this program. If you do not want your child to participate in this program please sign and return the attached form by January 28th to your physical education teacher. Only sign this paper and return it if you DO NOT want your child to learn about health education.

_____ I would like my child to be excused from the entire health unit.

or

_____ I would like my child excused from just the HIV/STI lessons only (7th and 8th graders only).

Student Name:(print)_____

Parent Name:(signature)_____ Date:_____