



ACCESS

VOLUNTEERS NEEDED

Raising Healthy Children Begins with Nutrition & Exercise

Help Dearborn SHINES (School Health through Integrated Nutrition & Exercise Strategies) for Healthy Kids develop monthly activities that ensure healthy eating and physical activity to best fit your child's needs.

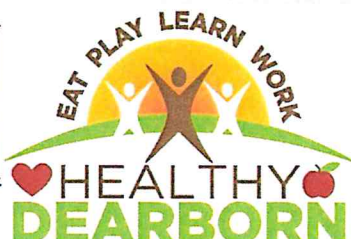
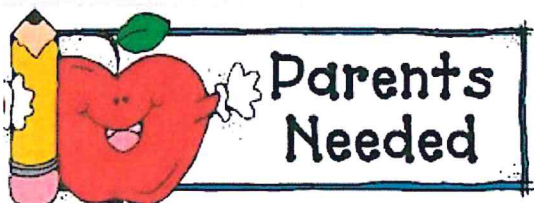
We ask you to be a part of your child's healthy living experience by volunteering and collaborating ideas with our team in monthly meetings and events.

Our goal is to increase parental knowledge, attitudes and self-efficacy in order to foster sustained behavioral changes around physical activity and healthy nutrition in the home environment.

Your Role:

Collaborate with other parents to develop healthy ideas for families

Meet once a month to prepare for upcoming events



Contact:

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