



HIGH SCHOOL FIGURE SKATING 101

WHAT IS HIGH SCHOOL SKATING?

Similar to collegiate skating, the High School Program offers skaters the opportunity to compete on a team for their high school. Several states host a high school series and a state final, and any high school team is eligible to enter the National High School Final, held annually in March.

WHAT EVENTS ARE OFFERED?

Typically, events are offered in a variety of disciplines, including short program, free skate (well-balanced and excel), solo dance, compulsory, showcase, moves in the field, and team maneuvers. Levels range from beginner and no-test all the way up to senior.

HOW DO YOU GET STARTED?

Teams are called School Affiliated Clubs. Two skaters are required to start a team; skaters can either represent a single school or a combination of several area schools. To form a SAC, students must get approval from their high school, then complete a registration with U.S. Figure Skating and pay a \$31 fee.

WHO IS ELIGIBLE TO PARTICIPATE?

Any skater in at least the 9th grade and are enrolled full time in high school can join a team; home-schooled skaters are also eligible. Skaters must be members of U.S. Figure Skating; they do not need to have passed a U.S. Figure Skating test to be eligible to compete.

For more information, visit the "High School Programs" page on the Programs dropdown of usfigureskating.org, or contact:

Dorothy Tank, National Vice Chair for School Programs
datank7@gmail.com

Karissa Woienski, U.S. Figure Skating Program Manager
kwoienski@usfigureskating.org

