Discover My True Colors

Directions:

- There are 5 rows of word clusters
- Score the word clusters in each row using a "4" for the group most like you, "3" for the group next most like you, "2" for the next group, and "1" for the group least like you- moving left to right.

Here is an example of how to score yourself:



When you complete all five rows, add up each column of numbers to reveal your TRUE COLORs Spectrum. Your highest score indicates your Brightest Color, and the lowest score represents the Color least like you.

| TOTAL | TOTAL | TOTAL | TOTAL |
|-------|-------|-------|-------|
| PINK | GOLD | BLUE | GREEN |

My True Color is PINK /spontaneous

I am action-orientated. I perform well in competitions. I like to see direct results by dealing in a hands-on fashion, rather than by methods which are more theoretical. I love fun and excitement, so I have difficulty with routine and structure.

| NEED: | NEED TO BE: |
|---|---|
| Action/Activity Avenue to use skills/knowledge Flexibility Freedom Latitude of expression Recognition Variety | Appreciated Brief Fast Given options Recognized for my skillfulness |
| VALUE: • Adventure • Confidence • Fun and play • Hands-on experience • Individual achievement • Spontaneity | FIND JOY IN: • Being with people • Excitement • Moving my body • Performing • Putting plans into action • Taking risks • Troubleshooting |

At work:

I am bored and restless with jobs that are routine and structured. I am satisfied in careers that allow me independence and freedom while using my physical coordination. I view any kind of tool as an extension of self. I am a natural performer.

In love:

I seek a relationship with shared activities and interests. With my mate, I like to explore new ways to energize the relationship. As a lover I need to be bold; I thrive on physical contact. I believe in leaving plans flexible, so I can chose what to do when the moment arrives.

In childhood:

I had the most difficult time fitting into an academic routine. I learned by doing and experiencing, rather than listening and reading. I needed physical involvement in the learning process and was motivated by my own natural competitive nature and sense of fun.

| How PINK views themselves | How others view PINK |
|--|---|
| Fun loving Enjoys life Spontaneous Carefree Proficient/capable Hands-on person Problem solver Good negotiator Can deal well with chaos Able to do many things at once | Irresponsible Flaky Manipulative Scattered Carefree Cluttered Obnoxious Not a team player Indecisive Not able to stay on task Disobey rules |

How to relate or get the best from an PINK.

- 1) Understand their impulse to take each moment as it comes
- 2) Avoid slowing them down when they are on a quest
- 3) Allow them to show off their skills without condemning them for their process
- 4) Expect some spice

Famous Orange Personalities:

- *Anita Baker *Bart Simpson *Bill Clinton *Cher *Donald Trump
- *Madonna *Mark Twain *Ronald Reagan *Roseanne *Tom Cruise
- *Arsenio Hall *Eddie Murphy *Elvis Presley *Franklin D. Roosevelt *Janet Jackson

Career Choices for PINK

| Athletic Coach | Computer Operator |
|-------------------|-------------------|
| Child Care Worker | Event Coordinator |
| Graphic Design | Interior Designer |
| Labor Relations | Marketing |
| Mediator | Media Relations |
| Musician | Public Relations |
| Politician | Travel Consultant |
| Public Speaker | Party Planner |

My True Color is GOLD/responsibility

I am institution orientated. I perform well with structure. I do my best when the task is structured and clearly defined. My routines are well structured. I want to know when I am on the right track. Rules and directions are a great help.

| NEED: | NEED TO BE: |
|--|---|
| Consistency Organization Reliability Rules and standards Stability Time to complete tasks | Accurate Appreciated Aware of who is in control Clear on requirements |
| VALUE: • Commitment • Consistency • Dependability • Honesty | FIND JOY IN: Belonging Home A sense of order A task well done |
| Loyalty Organization Perfection Responsibility Stability | • Time for family |

At work:

I provide stability and can maintain organization. My ability to handle details and to work hard make me the backbone of many organizations. I believe that work comes before play, even if I must work overtime to complete the job.

In love:

I am serious and tend to have a traditional, conservative view of both love and marriage. I want a mate who can work along with me, building a secure, predictable life together. I demonstrate love and affection through the practical things I do for my loved ones.

In childhood:

I wanted to follow the rules and regulations of the school. I understood and respected authority and was comfortable with academic routine. It was easy for me to adapt to the educational system.

| How GOLD views themselves | How others view GOLD |
|---|--|
| Stable Providing security Firm Dependable Efficient Realistic Decisive Good planner Orderly/neat Punctual Goal orientated Task and structure focused | Rigid Dull, boring Stubborn Opinionated Uptight Predictable Bossy/controlling Serious attitude Unimaginative System bound Autocratic |

How to relate or get the best from a GOLD:

- 1) Count on them
- 2) Appeal to their strong sense of right and wrong
- 3) Be mindful in your use of resources
- 4) Offer opportunities for expression of traditional values
- 5) Show how much you value their efforts

Famous GOLD Personalities:

- *Andrew Johnson *Benjamin Harris *Billy Graham *Calvin Coolidge *Connie Chung *Dan Rather *George Bush
- *Margaret Thatcher *Millard Fillmore *Pete Wilson *Nancy Reagan *Phil Gramm *Queen Elizabeth *Walter Cronkite
- *Gerald Ford *Grover Cleveland *Harry Truman *Henry Ford *William Taft *Winston Churchill

Career Choices for GOLD:

| Human resources manager |
|-------------------------|
| |
| Math teacher |
| Special events planner |
| Elementary teacher |
| History teacher |
| |
| |
| |

My True Color is BLUE/Compassionate

I am people orientated. I feel best in an interactive atmosphere. I appreciate real, human feedback. I thrive in a humanistic, people-orientated environment. I turn off when conflicts arise and flourish in an atmosphere of cooperation. I need to be valued as a person and have my feelings respected.

| NEED: | NEED TO BE: |
|--|---|
| Acceptance Empathy Harmony Honesty Inspiration Love Praise Relationships Understanding Validation | Authentic Dramatic Free to find meaning Nurturing Personal |
| VALUE: • Compassion • Friendship • Honesty • Sensitivity • Sharing • Tolerance • Trust | FIND JOY IN: • Acceptance • Affection • Conversations • Family • Friendship • Groups • Love • Music |

At work:

I have a strong desire to influence others so they lead more significant lives. I am adept at motivation and interacting with others.

In love:

I seek harmonious relationships and believe in true love. I am romantic, and cherish small gestures of love. I am affectionate, supportive and a good listener. I enjoy doing thoughtful things for others. I bring drama, warmth and empathy to relationships.

In childhood:

I was imaginative and creative. I flourish with encouragement rather than competition and want others to like me. I reacted with great sensitivity to discordance or rejection and sought recognition. I responded best to my teachers who were warm and friendly.

| How Blue views themselves | How <u>others</u> view Blue |
|--|---|
| Warm Compassionate Romantic Spiritual Idealist Caretaker Affirming Want harmony Interesting Fun loving Loyal | Overly emotional Bleeding heart Too nice Mushy Too touchy-feely Smothering Too trusting Lives in the past Soft Groveling |

How to relate or get the best from a Blue:

- 1) Maintain a pleasant environment
- 2) Point out how others will benefit
- 3) Understand their zest for vitality includes emotions
- 4) Grant opportunities for personal growth
- 5) Give individual attention

Famous Blue Personalities:

- *Abraham Maslov *Annette Funicello *Carl Jung *Carl Rogers *Halle Berry
- *Joan Lunden *Julie Andrews
- *Katie Couric *Marie Osmond *Meg Ryan *Melanie Griffith *Michael Jackson *Mother Teresa *Mr. Rogers

*Natalie Wood *Oprah Winfrey *Princess Diana *Sally Field *Whitney Houston

Career Choices for BLUE:

| Teacher | Motivational speaker |
|----------------------------|---------------------------------|
| Employment Interviewer | Weight loss instructor |
| Family child care provider | Public relations specialist |
| Home school consultant | School counselor |
| Tutor | Singer |
| Human services worker | Wedding consultant |
| Recreational leader | Language interpreter/translator |
| Social worker | Nutritionist |

My True Color is GREEN/Conceptual

I am content/topic orientated. I prefer to work independently. I am most proficient when I am able to develop and create procedures and concepts. I am gratified by probing abstract concepts. New ideas and knowledge arouse my curiosity and I enjoy interpreting them.

| NEED: • Accuracy • Autonomy • Challenge • Time to ask questions | NEED TO BE: • Accurate • Appreciated • Clear on requirements • Recognized for their ideas |
|--|--|
| Time to understand Truth and Facts VALUE: | FIND JOY IN: |
| Competency Intellectual achievement Knowledge Logic Technology | Exploring new ideas High achievement Meeting challenges Seeking new knowledge Solving problems |

At work:

I am a conceptual and independent thinker. For me; work is play. I am drawn to constant challenge in careers and like to develop models, explore ideas or build systems. Once I have perfected an idea, I prefer to move on, leaving project to be maintained and supported by others.

In love:

I prefer to let my head rule my heart. I dislike repetition so it is difficult for me to continuously express feelings. I believe that once feelings are stated, they are obvious to a partner. I am uneasy when my emotions control me. I want to establish a relationship, leave it to maintain itself, and turn my energies back to my career.

In childhood:

I appeared to be older than my years. I was focused on my greatest interests, and achieved more in subjects that were mentally stimulating. I was impatient with drills and routine. I questioned authority and found it necessary to respect teachers before I could learn from them.

| How Green views themselves | How <u>others</u> view Green |
|---|---|
| Superior intelligence 98% right Powerful Creative Rational Reasonable Visionary Precise Original Firm minded Justice seeking/fair Objective Under control | Arrogant Heartless Unrealistic Cool Eccentric Aloof Critical Thought finding Critical, fault-finding Lacks mercy Intellectual snob Emotionally controlled Tenacious |

How to relate or get the best from a GREEN:

- 1) Honor their need for privacy
- 2) Understand their necessity to question your knowledge and your facts
- 3) Appreciate their varied interests
- 4) Realize they too have feelings

Famous Green Personalities:

- *Abraham Lincoln *Al Gore *Albert Einstein *Anita Hill *Aristotle *Arnold Schwarzeneger *Barbara Bush
- *Barbara Walters *Bill Cosby *Booker T. Washington *Gloria Steinem *Henry Kissinger *Hillary Clinton *Johny Cochran
- *Mohandas Ghandi *Plato *Phil Donahou *Shirley MacLaine *Robin Williams *Rosa Parks *Sigmund Freud

Career Choices for GREEN:

| Artist | Textbook writer |
|------------------------------|--------------------|
| Researcher | College professor |
| Computer Consultant | Grant writer |
| Editor | Lyriscist |
| Journalist | Speech pathologist |
| Math teacher | Speech writer |
| On-line Multimedia Developer | Science writer |
| Scriptwriter | Debater |